Name



BASIC CONVERSION CHART UK VERSION

METRIC CONVERSIONS

LENGTH CONVERSIONS								
1 centimetre	=	10 millimetres	1 cm	=	10 mm			
1 metre	=	100 centimetres	1 m	=	100 cm			
1 kilometre	=	1000 metres	1 km	=	1000 m			

WEIGHT CONVERSIONS						
1 kilogram	=	1000 grams	1 kg	=	1000 g	

LIQUID VOLUME (CAPACITY) CONVERSIONS							
1 litre	=	1000 millilitres	11	Π	1000 ml		

IMPERIAL CONVERSIONS (UK only)

LENGTH CONVERSIONS								
1 foot	=	12 inches	1 ft	=	12 in			
1 yard	=	3 feet	1 yd	=	3 ft			
1 mile	Ξ	1760 yards	1 mile	=	1760 yd			

WEIGHT CONVERSIONS						
1 pound	=	16 ounces	1 lb	=	16 oz	
1 stone	=	14 pounds	1 st	=	14 lb	

LIQUID VOLUME (CAPACITY) CONVERSIONS						
1 tablespoon	=	3 teaspoons	1 Tbsp	=	3 tsp	
1 cup	=	16 tablespoons	1 cup	=	16 Tbsp	
1 pint	=	2 cups	1 pt	=	2 cups	
1 gallon	=	8 pints	1 gal	=	8 pt	

• Please note that the UK cup is a different size from a US cup. The UK cup is 10 fluid ounces (284 ml), but a US cup is 8 fluid ounces (236 ml).

