

Name

Date



MEASURE CONVERSION CHART – WEIGHT (UK)

Please note, long tons are used in the UK, short tons are used in the US.

METRIC CONVERSIONS					
1 gram	=	1000 milligrams	1g	=	1000 mg
1 kilogram	=	1000 grams	1 kg	=	1000 g
1 tonne (1 megagram)	=	1000 kilograms	1 tonne (1 Mg)	=	1000 kg

IMPERIAL CONVERSIONS					
1 ounce	=	16 drams	1 oz	=	16 dr
1 pound	=	16 ounces	1 lb	=	16 oz
1 stone	=	14 pounds	1 st	=	14 lb
1 quarter	=	2 stone	1 qr	=	2 st
1 hundredweight	=	4 quarters (or 8 stone)	1 cwt	=	4 qr (or 8 st)
1 ton, long	=	20 hundredweight (160 stone)	1 ton	=	20 cwt (or 160 st)



METRIC -> IMPERIAL CONVERSIONS					
1 gram	=	0.035274 ounces	1 g	=	0.035274 oz
1 kilogram	=	2.20462 pounds	1 kg	=	2.20462 lb
1 kilogram	=	35.27396 ounces	1 kg	=	35.27396 oz
1 tonne	=	0.9842 ton, long	1 tonne	=	0.9842 ton, long
1 tonne	=	157.47304 stone	1 tonne	=	157.47304 st

IMPERIAL -> METRIC CONVERSIONS					
1 ounce	=	28.34952 grams	1 oz	=	28.34952 g
1 pound	=	453.59237 grams	1 lb	=	453.59237 g
1 pound	=	0.45359 kilograms	1 lb	=	0.45359 kg
1 stone	=	6.35029 kilograms	1 st	=	6.35029 kg
1 hundredweight	=	50.8023 kilograms	1 cwt	=	50.8023 kg
1 ton, long	=	1.01605 tonnes	1 ton, long	=	1.01605 tonnes
1 ton, short	=	0.90718 tonnes	1 ton, short	=	0.90718 tonnes

